

Migrant Education Out of School Youth Healthy Choices Workshop

1. SUMMARY AND BACKGROUND

The purpose of this Request for Proposal (RFP) is to solicit proposals from various candidate organizations, to conduct a fair and extensive evaluation based on criteria listed herein, and select the candidate who best represents the goals and objectives listed in the Regional Application for Migrant Education Region XIV.

Migrant Education Region XIV is a program listed under the Delano Joint Union High School District providing technical assistance to Delano Union Elementary Districts. The program serves approximately 1200 students. The program is authorized under The Secondary Education Act.

2. PROPOSAL GUIDELINES

This Request for Proposal represents the requirements for an open and competitive process. Proposals will be accepted until 5pm PST October 15, 2018. Any proposals received after this date and time will be returned to the sender. All proposals must be signed by an official agent or representative of the company submitting the proposal.

If the organization submitting a proposal must outsource or contract any work to meet the requirements contained herein, this must be clearly stated in the proposal. Additionally, all costs included in proposals must be all-inclusive to include any outsourced or contracted work. Any proposals which call for outsourcing or contracting work must include a name and description of the organizations being contracted.

All costs must be itemized to include an explanation of all fees and costs.

Contract terms and conditions will be negotiated upon selection of the winning bidder for this RFP. All contractual terms and conditions may be subject to review by Schools Legal Services and will include scope, budget, schedule, and other necessary items pertaining to the project.

3. PROJECT PURPOSE AND DESCRIPTION

The purpose of this project is as follows:

Migrant Education Out of School Youth (OSY) are students who have dropped out of high school and are seeking a high school diploma. The California Department of Education Migrant Education Office 2017 State Delivery Plan identified a need to provide OSY with a health education workshop that addresses healthy eating, physical activity, and related chronic disease prevention (p.41). According to Kern County Public Health Services, "Community Health Assessment 2015-2017," recorded hypertension at 31.7% and obesity at 38.5% were the top two chronic diseases in Kern County (p.26). Coronary heart disease has been the most common cause of death in Kern County (KC), and while only 9.8% of KC residents report having diabetes, it is ranked 58 out of 58 diabetes deaths (p.17). The area also continues to have a higher proportion of obese resident than the State and does not meet the Healthy people 2020 target. Another 37.9% of KC residents are overweight and at

risk of becoming obese (p.27). Over the past decade, coronary heart disease and cancer mortality rates have declines with credit given to programs and interventions that promote healthy living. Increasing healthy choices also means decreasing unhealthy food options. More KC residents report consuming fast food in one given week than California as a whole (p.35). Across the nation, minority populations face significantly greater health risks than Caucasians. This is evident among our Hispanic communities in California.

Project Description:

The workshops (a total of two 2-hour sessions) need to be hosted during dates and times conducive to OSY. Migrant Education Region XIV needs to agree to the dates and times in advance. If the contractor and Region XIV do not agree on specific dates the contract will be void. The contractor will provide “Healthy Choices Workshops” for migratory OSY that address nutrition, physical activity, related chronic diseases, and educate them on the resources that are available. The following topics shall be covered:

- Physical Education and Healthy Eating
- Mental Health
 - Depression
 - Anxiety
- Drugs and Alcohol
- Referrals and Resources – Oral health, Vision, Hearing, Mental Health

4. PROJECT SCOPE

All proposals need to include a scope and sequence that is aligned to the goals and objectives listed in the Region XIV Migrant Education Regional Plan. All employees must comply with Fingerprint and criminal background check.

5. REQUEST FOR PROPOSAL AND PROJECT TIMELINE

Request for Proposal Timeline:

All proposals in response to this RFP are due no later than 5pm PST October 15, 2018.

Evaluation of proposals will be conducted from October 16th through October 19th. If additional information or discussions are needed with any bidders, the bidder(s) will be notified.

The selection decision for the winning bidder will be made no later than October 21, 2018.

Upon notification; the contract negotiation with the winning bidder will begin immediately. Contract negotiations will be completed by October 26, 2018.

Notifications to bidders who were not selected will be completed by October 31, 2018.

Project Timeline:

Project initiation phase must be completed by June 30, 2018.

6. BUDGET

Submit an itemized budget.